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www.woodlandvillagems.com



## ANNOUNCEMENTS & REVIEW — The Holiday Season at WVNC



Karrine Yukl, Anthony Phillips, Andrew Naugle, Andrew Dempsey, Charles Miller, Sha'Quanda Stephenson, Nakina Young, and Alicia Hernandez



Resident Pauline Bernabela



Lloyd Ramirez and Resident Jacqueline Ramirez



Resident Faith Kidd and Susan Ladner





### Lacie Garber, LMSW Faliecisa Braziel, Dietary Aide

Welcome Aboard!

Veronica Malley, Dietary Aide Shanna Walters, Dietary Aide Cynthya Jackson, Dietary Aide Jessica Barton, Housekeeper Regina Stutts, Laundry Aide Tyree Roberts, Maintenance Tech Shauntavius Christian, CNA Brianna Daniels, CNA Devoyn Freeney, CNA Alisa Stephens, RN, Quality Assurance

Lisa Ferrill, RN, Staff Development

3 year olds from Diamondhead Day Care

Hancock Middle School 5 & 6 Graders

# THE VILLAGER

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#### NAMES TO KNOW

Medical Director David Northington, DO Internal Medicine

Administrator Charles L. Register, Jr. MPH, LNHA **Director of Nursing** Laurie Napier, RN **Human Resources** Bobbie Fenton

**Administrative Assistant** Sharon Stiger

Admissions Director Jincy Lind

Admissions Liaison **Social Services Director** Staff Development Coordinate Lisa Ferrill, RN

**QA Nurse** Alisa Stephens, RN Medical Records Director **Wound Care Nurse** 

**MDS Nurse** 

Shalonda Kelley-Davis, LPN MDS Nurse Stefanie Warren, RN

Care Plan Nurse Candice White-Moody, LPN **Restorative Care Plan Nurse** 

100/200 Resident Care Manage Harry Lucas, RN **Activities Directo** 

**Asst. Activities Director** 

Central Supply/Transportation Charra Carver, CNA

**Dietary Director** 

Certified Dietary Manager Chris Saujon, CDM

Maintenance Director

Director of Housekeeping & Laundry



Charles Register, Jr., MPH, LNHA Administrator

## **Employee Spotlight:** Charles Register, Jr.

Charles L. Register, Jr. is the new facility administrator for Woodland Village Nursing Center. Charles is a native of the Gulf Coast and a graduate of Gulfport High School. Upon graduating from high school, he attended the University of Southern Mississippi where he obtained a Bachelors of Science degree and a Masters of Public Health degree with an

emphasis in Health Policy and Administration. After obtaining his MPH degree, Charles began working in the nursing home industry as a food service director. His ability to make a daily impact on the residents' quality of life grew his passion for health care administration. Charles' passion and leadership abilities quickly placed him in a position as the assistant administrator for the MS State Veterans Home in Collins, Mississippi. He went on to complete the Administrator-in-Training program and obtained his administrator's license from the MS Board of Nursing Home Administrators. Over the next 5 years, Charles continued working with Veterans within our state with the MS State Veterans Affairs Board in various capacities. He comes to WVNC from the MS State Veterans Home - Kosciusko, MS where he served as the Administrator. Charles is married to Amber Register of Gulfport, Mississippi. They have two children, Charlie and Mary-Margaret, and will be welcoming their third child in March 2018. Charles is very excited to lead the team of healthcare professionals here at WVNC to provide the very best care to the residents and families of Woodland Village. He has a passion to see our home be the best skilled nursing facility in the state and he welcomes all family to visit often and to join hands with us to care for the residents of Woodland Village Nursing Center.

As staff, we have seen Charles roll up his sleeves to clean, move furniture, set tables, give a helping hand, and even give a shoulder to staff, residents, or family members when they need it. With his witty sense of humor, he evokes laughter and jollity to all in his presence. Charles has a welcoming personality and he is approachable to everyone. With his innovative ideas, Charles anticipates needs and solves concerns with diplomacy and tact. He is very well received by all staff, family members, and most of all our residents. Welcome aboard Charles Register!!!

## January Holidays

- Jan. 1 New Year's Day
- Jan. 4 National Trivia Day
- Jan. 8 Elvis Presley's Birthday
- Jan. 15 National Hat Day
- Jan. 15 Martin Luther King, Jr. Day
- Jan. 17 International Mentoring Day
- Jan. 19 National Popcorn Day
- Jan. 19 National Hugging Day
- Jan. 21-27 Healthy Weight Week
- Jan. 23 National Pie Day
- Jan. 24 National Compliment Day

- Jan. 27 Chocolate Cake Day
- Jan. 29 National Puzzle Day
- Be Kind to Food Servers Month
- **■** Cervical Health Awareness Month
- Glaucoma Awareness Month
- National Bath Safety Month
- National Birth Defects Prevention Month
- National Blood Donor Month
- National Mentoring Month
- National Oatmeal Month
- Thyroid Health Awareness Month



### Resident of the Month

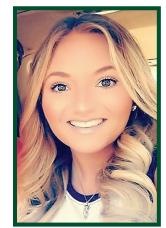
And the winner is...Linda Clemons!

Ms. Clemons has been with WVNC under two years sharing her smile and delightful personality. Ms. Clemons is from Gulfport, MS and was a dietician. She continues to have a close relationship with her brother, Clifton, and her three cousins that she reared, Lisa, Kimberly, and RV. Since her admission to WVNC she continues doing the activities that she loves. She continues to go out on outings to the casino, Walmart, Family Dollar, and even likes to go fishing. She also participates in singing karaoke, attending happy hour, and making arts and crafts. She enjoys watching judge programs, hallmark channel, news, and older game shows. Ms. Clemons is the social butterfly of WVNC and initiates



Resident Linda Clemons

conversation with all staff, residents, and visitors. She looks forward to making new friends and making sure they feel comfortable. Thank you Ms. Clemons for always welcoming everyone with open arms and bringing joy to everyone!



Jessie Christina, LPN

## Above the Line Employee

And the winner is...Jessie Christina, LPN

Jessie has been part of the WVNC family just under a year and a nurse for 7 years, following in her mother's footsteps who also works here. Her previous nursing experiences consists of Long Term Care, OBGYN, Family Practice, and Correctional Nursing at the jail. She also helped care for her grandmother. Jessie is engaged to a police officer and they have a sweet fur baby, Leo, that is a Rottweiler and Australian Shepard mix. She enjoys going shopping at Ulta and cooking. She is very family oriented, so she enjoys spending time with her family when she isn't working. Staff describe Jessie as passionate, enthusiastic, and loyal to her residents. "She jumps right in to help when she sees help is needed,"

"Always willing to go the extra mile," "Treats her residents like family and leads a great team on her hall." These are just a few quotes coworkers use to describe, Jessie! You are an exceptional and caring nurse, and we are so glad you chose WVNC to continue your career. You deserve this honor! Thank you Jessie!

## **Family Council Meeting**

The WVNC team would like to invite all residents' family members to attend the Family Council Meeting. This month our meeting is scheduled for **Thursday**, **January 18**, **1:30** p.m. For more information, please contact us at 228.255.4832. We hope to see you there!



#### Ingredients

- 4 ounces Baker's German's sweet chocolate, melted and cooled
- 2 1/3 cup cake flour
- 1 1/2 cups sugar
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 2/3 cup butter, room temperature
- 1 cup buttermilk, divided
- 1 teaspoon vanilla
- 2 eggs

#### **Icing**

- 3 egg yolks
- 1 cup granulated sugar or brown sugar
- 1/2 cup butter or margarine (1 stick)
- 1 cup evaporated milk
- 1 teaspoon vanilla
- 1 1/3 cups flaked coconut
- 1 cup chopped pecans

### Recipe of the Month Provided by Resident Betty Ladner

## **GERMAN CHOCOLATE CAKE**

#### **Directions**

- 1. Grease two 9-inch layer cake pans and line bottoms with waxed paper
- 2. Sift together flour, sugar, baking soda, baking powder, and salt.
- 3. Cream butter; add flour mixture, 3/4 cup buttermilk, and vanilla. Stir until dry ingredients are moistened; beat at medium speed of electric mixer for 2 minutes, scraping bowl from time to time
- 4. Add melted chocolate, eggs, and remaining 1/4 cup buttermilk. Beat 1 minute longer.
- 5. Pour batter into prepared cake pans. Bake in a preheated 350 degree oven for about 35 minutes, or until a wooden pick inserted in the center comes out clean.
- 6. Cool in pans on rack for 15 minutes. Remove and cool completely on racks.
- 7. **Icing:** In a 2-quart saucepan, stir the egg yolks, sugar, butter, evaporated milk and vanilla until well mixed. Cook over medium heat about 12 minutes, stirring frequently, until thick and bubbly. Stir in the coconut and pecans. Cool about 30 minutes, beating occasionally with a spoon, until mixture is spreadable. Spread between cake layers and on the top.

1/19



#### ...to our residents!

					1 0
Danny Cantlin 1/2	Pablo Hernandez	1/11	Brianna Daniels	1/1	Salina Moore
Shirley Cowan 1/3	Nina Mitchell	1/16	Harry Lucas	1/1	Anainita Mitchell
Betty Ladner 1/7	Ida Galloway	1/18	LaQuita Maxwell	1/2	Patricia Jones
Forster Holden 1/8	Dorris Holler	1/23	Charlotte Parrow	1/3	Lori Smith
Jacqueline Ramirez 1/9	Joseph Hicks	1/24	Patrice Walley	1/10	
Maria Rivera 1/10	Nicholas Dahn	1/25			

1/19 1/28 1/30

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### **Our Providers**







Irene Koskan, MD



Ronald F. Kellum, MD





Angela Haigler, NP





John Montgomery, MD



Charles Harris, Ph.D James DeDeaux, LCSW

### Our Staff

































Brittany Roberts, CTRS Charra Carver, CNA







Chris Saujon, CDM



### **Our Consultants**





Ron Norra, Pharm. D. Stephen R. Smith, MBA RDN LD Pharmacy Consultant Corporate Director of

# ANUARY

Sun	Mon	Тие	Wed	Thu	Fri	Sat	
I have a dream	Happy New Year!!!!! 1 10:30 Decorating Club 1:30 Popcorn 3:00 Sugar Bowl 6:00 Speed Bingo	8:30 News/Views 2 10:30 Ceramics 1:30 Kitchen Corner 3:30 Taster's Table 6:00 Black Jack	8:30 News/Views 3 10:30 Whamo 1:30 Manicures 3:30 Guesstures 6:00 Bingo	8:30 News/Views 4 10:30 Open Mic 1:30 Popcorn/Movie 3:30 Question Quest 6:00 Lotto	9:00 Mass 5 10:30 Table Talk 1:45 Lions Club Bingo 3:30 Happy Hour 6:00 Speed Pokeno	8:30 News/Views <b>6</b> 10:30 Pokeno 1:30 Popcorn/Trivia 3:30 Dominoes 6:00 Tail Gate Party	
9:30 One Faith 7 10:30 Bible Jingo 1:30 Pictionary *2:30 Sunday School 6:00 Pokeno	8:30 News/Views 8 10:30 Trivia Time 1:30 Elvis Bash 3:30 Craft time 6:00 Speed Bingo	8:30 News/Views 9 10:30 Ceramics 1:30 Kitchen Corner 3:30 Cash Out 6:00 Black Jack	8:30 News/Views 10 10:30 Resident Council 1:30 Manicures 3:30 Chair Bowling 6:00 Bingo	8:30 News/Views 11 10:00 Praise & Worship 1:30 Popcorn & Cards 2:30 Walter's Tunes 6:00 Lotto	9:00 Mass 12 10:00 Randy's Group 1:45 Lions Club Bingo 3:30 Happy Hour 6:00 Speed Pokeno	8:30 News/Views 13 10:30 Bingo 1:30 Popcorn/Movie 3:30 Rummy 6:00 Tail Gate Party	
9:30 One Faith 14 10:30 Bible Jingo 1:00 Daly Gospel Singers *2:30 Sunday School 3:30 Table Games 6:00 Pokeno	8:30 Parade Prep 15 10:30 MLK Parade 2:00 UMC Bingo 3:00 MLK Celebration 6:00 Speed Bingo	8:30 News/Views 16 10:30 Ceramics 2:00 Birthday Bash! 3:00 Birthday Jingo 6:00 Black Jack	8:30 News/Views 17 10:30 Whamo 1:30 Manicures 3:30 Wits & Wagers 6:00 Bingo	8:30 News/Views 18 10:30 Juke Box Hour 1:30 Family Council Southern Care Hospice 3:30 Open forum 6:00 Lotto	9:00 Mass 19 10:30 Social Hour 1:45 Lions Club Bingo 3:30 Happy Hour 6:00 Speed Pokeno	8:30 News/Views 20 10:30 Pokeno 1:30 Popcorn/Movie 3:30 Woodwork 6:00 Tail Gate Party	
21 10:30 Bible Jingo 1:30 Color & Pop *2:30 Sunday School 6:00 Pokeno	8:30 News/Views 22 10:30 Finishing Lines 2:00 UMC Bingo 3:30 Head Bandz 6:00 Speed Bingo	8:30 News/Views 23 10:30 Ceramics 1:30 Kitchen Corner 3:30 Taster's Table 6:00 Black Jack	8:30 News/Views 24 10:30 Whamo 1:30 Manicures 3:30 Family Feud 6:00 Bingo	8:30 News/Views 25 10:00 Praise & Worship 1:30 Popcorn & Cards 2:30 Walter's Tunes 6:00 Lotto	9:00 Mass 26 10:30 Coffee Time 1:45 Lions Club Bingo 3:30 Happy Hour 6:00 Speed Pokeno	8:30 News/Views 27 10:30 Bingo 1:30 Popcorn/Movie 3:30 Craft Bash 6:00 Tail Gate Party	
9:30 One Faith 28 10:30 Bible Jingo 1:30 Painting time *2:30 Sunday School 6:00 Pokeno	8:30 News/Views 29 10:30 Who Am I? 2:00 UMC Bingo 3:30 Question Quest 6:Speed Bingo	8:30 News/Views 30 10:30 Ceramics 1:30 Unveiling 2:00 Mardi Gras Ball 6:00 Black Jack	8:30 News/Views <b>31</b> 10:30 Whamo 1:30 Manicures 3:30 Tabu 6:00 Bingo	Happy Birthday Residents!!  Danny Cantlin 2. Maria Rivera 10. Jacqueline Ramirez 19.  Shirley Cowan 3. Pablo Hernandez 11. Dorris Holler 23.  Betty Ladner 7. Nina Mitchell 16. Joseph Hicks 24.  Jorster Holden 8. Ida Galloway 18. Nicholas Dahn 25.			
*500 Hall Snack cart passed 9:30 a.m. & 2:30 p.m. Courtyard breaks: 8:15a, 11:00a, 1:00p, 3:00p, 6:00p, 7:30 p.m.	À	Happy Birthday Staff!!  Briawa Daniels 1, Patrice Walley 10, Salina Moore 19, Harry Lucas Charlotte Parrow . 13, Patricia Jones 28, La Zuita Maxwell 2, anainita Mitchell . 19, Lori Smith 30,		Mardi Snor 2	Calendar subject to change due to resident's needs. Family Council: 1:30 p.m., 1/18/18, Beauty Shop: Tuesday & Wednesdayy Walkin-in's welcome * 500 Hall		

### Save the Date



Friday, February 2 – 6 p.m. Groundhog Search

Sunday, February 4 – 5 p.m. Superbowl Party

Tuesday, February 13 – 10:30 a.m. Mardi Gras Parade

Wednesday, February 14 – 2 p.m. Valentines Social

Tuesday, February 20 – 2:30 p.m. Birthday Bash

Tuesday, February 27 – 2:30 p.m. **Black History Commemoration** 

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### A Letter from the Administrator: Make 2018 a Quality Year

A well known author C.S. Lewis once said, "You are never too old to set another goal or to dream a new dream." Now that 2018 is here, it's a good time to reflect on what goals you want to accomplish this year and what dreams need to be fueled with more hope and motivation. And age should never be a factor!

At Woodland Village Nursing Center, our residents amaze us every day when we learn about past chapters in their lives that are so rich with adventure and fearless determination. Whether long-term or short-term residents, it is our joy and commitment to serve them with not only

quality care, but also the quality of life experiences that meet their needs, value their past, and honor future potential.

One of the ways we do this is through a calendar full of daily activities that range from afternoon socials to movie nights, fun outings to craft time, and much more! Engaging our residents with mental, social, and physical activities fosters a positive outlook to the promise of new adventures, goals, and dreams in 2018.

Happy New Year!

Administrator



Director of Nursing

### From the Desk of the Director of Nursing: Be Successful with New Year's Resolutions

Chances are you have made a list of New Year's resolutions that affect various areas of your life. According to statisticbrain.com, here is a Top 10 list of common resolutions made each year: 1) Lose weight; 2) Get organized; 3) Spend less, save more; 4) Enjoy life to the fullest; 5) Stay fit and healthy;

- 6) Learn something exciting; 7) Quit smoking; 8) Help others in their dreams;
- 9) Fall in love; and 10) Spend more time with family.

Did you know that out of the 45 percent of Americans that make resolutions, only eight percent are successful in achieving what they set out to

accomplish? There's a secret behind the success. Keep your list simple and achievable. Instead of a large bucket list, jot down only a handful of realistic goals that can survive a 365-day journey.

Of course, it's no surprise health occupies three spots in this list and there's certainly good reason: You're worth it! You have been given one body so it's critically important to value your life and treat it well. Maybe it's time to finally make an appointment for that medical checkup you've been putting off, or maybe it's time to tackle the depression you can't seem the shake.

Remember, the condition of your physical and mental health affects every area of your life: relationships, employment, education, finances and more. May 2018 be your healthiest year!

### ABOVE THE LINE STAFF



Our staff at Woodland Village Nursing Center is top-notch! We appreciate your dedication to this facility and to the excellent care you provide to our residents.



Ashley Daigle and Laurie Napier



and Nakia Johnson



Brittany Kersh, Skylar Griffiths, Anna Marie Orange, Kareemah Bradford, Lamaysha Pleasant, and resident Peggy Waltman



Karen Gibbs and resident Iddo Magee

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